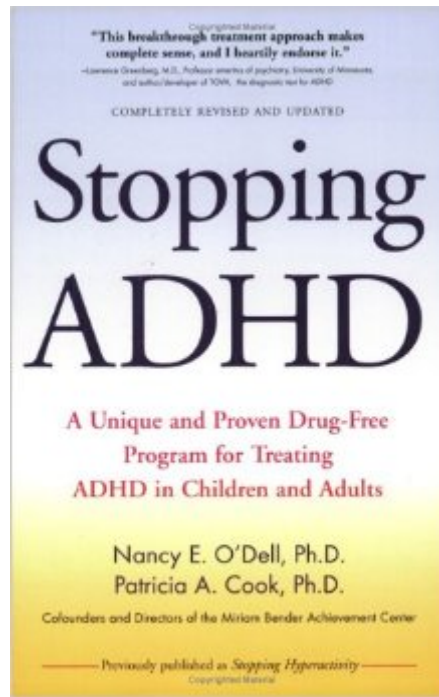


The book was found

Stopping ADHD



Synopsis

A unique and proven drug-free program for eliminating the symptoms of ADD/ADHD. Previously published as *Stopping Hyperactivity*, this revised and updated edition, featuring the authors' revolutionary crawling exercise program, includes the latest information on the negative effects of the many drugs used to treat ADD/ADHD, addresses the prevalent use of the current innovations in baby care, such as walkers and baby swings, and their surprising roles in the development of ADD/ADHD, and presents the findings from the authors' most recent studies.

Book Information

Paperback: 272 pages

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Language: English

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Product Dimensions: 6 x 0.7 x 9.1 inches

Shipping Weight: 7 ounces

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (18 customer reviews)

Best Sellers Rank: #702,490 in Books (See Top 100 in Books) #22 in [Books > Parenting & Relationships > Special Needs > Hyperactivity](#) #158 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #679 in [Books > Parenting & Relationships > Special Needs > Disabilities](#)

Customer Reviews

This is not a book for treating ADHD specifically. The authors attempt to get to the source of ADHD rather than treat the symptoms. The theory, which is explained in the first half of the book, is that ADHD is caused by physical discomfort and not a mental condition in of itself. The theory is that children either miss a vital stage of development in which they learn to crawl or they fail to adequately develop physiologically during that period (which should last at least six months according to the authors). According to the authors 75% of ADHD cases are caused by children who do not develop correctly. The second half of the book is essentially a physical therapy program in which an adult working with a child can overcome the child's deficiencies. I DO NOT RECOMMEND this book FOR ADULTS suffering from ADHD. The authors may be on to something in searching for the cause of ADHD in discomfort (they made me a believer) but the type of discomfort that fits their theory doesn't apply to me. They claim that their therapy program has been

effective in healing the body and stopping ADHD at the source. Considering the favorable reviews given before mine I would assume that the physical-therapy program has been successful for the other reviewers. I would HIGHLY RECOMMEND this book to grade-school teachers who are in the best position to notice the type of behavior described in the book in their students and have the opportunity to share the book with the child's parents when diagnosis may be possible.

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